



UTTHAAN

EDUCATION AND HEALTH SUPPORT PROGRAM IN SCHOOL, ANGANWADI AND COMMUNITY



INTRODUCTION

The Utthaan Project was conceptualized in 2022 for 12 villages in the Matenhail block of Jhajjar district, following a Needs Assessment and Baseline Survey conducted to understand the education and health situation of women and children in these villages. The assessments highlighted concerning conditions at Anganwadi Centres, including limited access to basic facilities and health equipment, a lack of a conducive environment for children, girls, and women, and the limited capacity of Anganwadi staff in knowledge and service delivery. The assessment further suggested interventions for in-school students in government primary schools with learning levels below their grades and for illiterate women, to provide holistic educational support to both primary school children and women.

The long-term development objective of the project is to support development in the 12 villages by creating equal opportunities for all, especially women and children from low-income groups, through accessible and affordable primary educational and health services.



ANGANWADI

Anganwadis are the essential vehicles for delivery of services for Women and Children. The interventions under the Utthaan Project in Anganwadis aim to provide a holistic development for women and children in 42 Anganwadi Centers in 12 villages.

This includes Infrastructure Improvement for developing a child-friendly environment
Improving the quality-of-service delivery at Anganwadi Centres by training the Anganwadi Staff on 6 key services

(i) supplementary nutrition (SNP), (ii) immunization, (iii) health check-ups, (iv) referral services, (v) pre-school non-formal education, and (vi) nutrition & health education.

Training and support to Anganwadi Staff in the following key activities:

- Maintaining Regularity in Village Health and Sanitation Day (VHSND)
- Planning activities during Nutritional Awareness Campaign organised by Anganwadi (Poshan Maah)
- Identification & Follow-up on Severely Acute Malnourished /Moderately Acute Malnourished Cases
- Regularizing Antenatal and Post Natal Check-ups of Pregnant & Lactating Mothers
- Developing Engagement Plan with Anganwadi workers for Children (0-6 years) for providing and ensuring a natural, joyful and stimulating environment, with emphasis on necessary inputs for optimal growth and development. As well as preparing a pre-school education program for 3-6 years old children
- Organising Health Camps with the Anganwadi and Community

WOMEN HEALTH CLUBS

Jhajjar, Haryana



Women gather at the Anganwadi Centre during Village Health, Sanitation, and Nutrition Day (VHSND) to discuss health and nutrition practices for their families.



Women participate in a community health and nutrition awareness session at the Anganwadi Centre, fostering collective action for better family well-being.

ANGANWADI 311

Dhalanwas, Jhajjar



The exterior of Dhalanwas Anganwadi before renovation, showcasing its initial state prior to efforts by the Utthan Project.



Children at Dhalanwas Anganwadi engage in activities led by a pre-school educator, fostering cognitive and social development.



The restored facade of Dhalanwas Anganwadi welcomes children into a space designed to nurture their potential.

ANGANWADI 621

Sasroli, Jhajjar



Children developing early literacy skills through engaging book activities with their Anganwadi worker at the centre.

ANGANWADI 622

Sasroli, Jhajjar



Children participating in physical education for fostering motor skills, cognitive growth & social development.



ANGANWADI 107

Akheri Madanpur, Jhajjar



The before-and-after shots capture the dramatic restoration of the Akheri Madanpur Anganwadi which is providing a nurturing environment for children.



ANGANWADI 213
Khanpur Khurd, Jhajjar



The ongoing restoration work at the Khanpur Khurd Anganwadi is laying the foundation for a brighter tomorrow for the community's youngest members.



Children watch an educational video on smart TV in Khanpur Khurd Anganwadi.



Anganwadi worker encouraging a supportive, engaging environment through play at her Anganwadi centre.



Children engaging with teachers for building foundational skills through interactive activities at the Jharli Anganwadi.



ANGANWADI 312

Jhamri, Jhajjar



The restored exterior of the Jhamri Anganwadi highlights a renewed hope of opportunities for children in the village.



ANGANWADI 313

Jhamri, Jhajjar



Children at the Jhamri Anganwadi exploring new concepts and skills under the guidance of their dedicated Anganwadi worker and helper through guided play.



ANGANWADI 314

Jhamri, Jhajjar



Anganwadi worker using singing and storytelling along with pre-school education accelerator to engage the children in group.



ANGANWADI 332

Sehlanga, Jhajjar



Children gather around the colorful educational illustrations on the walls, eager to explain them.

ANGANWADI 323

Sehlanga, Jhajjar



The renovated exterior and interior of Sehlanga Anganwadi stands as a symbol of the Utthaan Project's commitment towards providing a safe and stimulating environment for early childhood education.



Children participating in collaborative group activities for building the spirit of teamwork and communication skills at the Sehlanga Anganwadi.

ANGANWADI 602

Sundarheti, Jhajjar



The before-and-after images of the Sundarheti Anganwadi illustrate the transformative impact of the Utthaan Project in renovating the center for early childhood education and health.



ANGANWADI 501

Amadal Shahpur, Jhajjar



The before-and-after images highlighting the remarkable restoration of the Amdal Shahpur Anganwadi underline the Utthaan Project's commitment to creating child-friendly environments.



ANGANWADI 106

Akheri Madanpur, Jhajjar



The exterior of the Akheri Madanpur Anganwadi, transformed by the Utthaan Project, offers a welcoming space for early childhood development.

ANGANWADI 120

Ladain, Jhajjar



Children at the Ladain Anganwadi working diligently with slates for developing foundational literacy skills under the guidance of their teacher.

PROJECT REACH



Health Services Impact
3,714 women reached through health services via Women Health Clubs and events.



Adolescent Mobilisation
535 adolescent girls mobilized via Adolescent Groups and theme-based activities.



Learning Enhancement
905 children benefitted from the Kadam+ programme improving their learning capacity.



Nutritional Screening
2,589 children were screened for malnourishment, ensuring their health and well-being.



Literacy for Women
1,050 women achieved functional literacy, empowering them for better opportunities.



Humana People to People India (HPPI) is a development organisation registered as a not-for-profit company under Section 25 of the Companies Act, 1956 as of 21st May 1998. It is a non-political, non-religious organisation working for the holistic development of the under-privileged and marginalised people in rural and urban India through social development and poverty alleviation interventions by coordinated and focused interventions in education, life skills, improved livelihoods, empowerment of women, health and environmental sustainability.



HUMANA
PEOPLE TO PEOPLE INDIA

111/9-Z, Kishangarh, Vasant Kunj, New Delhi-110070

Telephone & Fax: 011- 47462222

E-mail: info@humana-india.org | Website: www.humana-india.org